

CERTIFICATE

OF PARTICIPATION

This is to certify that

Heino Prinsloo

Has successfully participated & completed the

10km Four Seasons @ the Cowhouse - Spring 2019

held at Cowhouse Market.

TIME 00:42:35

PACE 04:15/km

OVERALL 1 of 32

GENDER 1 of 19

14 - 19 1 of 1

26 October 2019, Sat

Date



BoutTime

Signature